**Over active bladder: A review of current practices in evaluation and management**

Saddaf Hina1

**ABSTRACT**

Over Active Bladder is one of the commonest urological problem affecting millions of people from both gender worldwide. It has far-reaching consequences on individual quality of life. It is difficult to manage because none of the single treatment modality has been proved effective, although many management options exist. Mostly, a combination of treatment modalities is needed to tackle the symptoms of Over active bladder successfully. The over active bladder is an embarrassing for patients and usually have far reaching effects on mental and physical health. The present review was conducted according to the preferred reporting items for systematic reviews and meta-analyses guidelines. We had provided an overview this pathology in this review with special emphasis on risk factors, recent advances in assessment, diagnosis and different therapeutic options including medical and conservative management. Moreover, the management of refractory OAB, guidelines for specialist clinic referral and available resources for general practitioners and patients. So the main objective of this review is to give important information’s to the clinicians regarding the management of Overactive bladder and to improve patients care and counseling in primary care setting. The findings of the current review are expected to be helpful to comprehend the existing literature and challenges and to manage OAB.

**Keywords:** Overactive bladder, Hematuria, Dysuria, Dyspareunia, Pelvic organ prolapse, Incontinence

**How to Cite This:**

Hina S. Over active bladder: A review of current practices in evaluation and management. Isra Med J. 2021; 13(3): 227-232.

This is an Open Access article distributed under the terms of the Creative Commons Attribution-Noncommercial 4.0 International License (http://creativecommons.org/licenses/by-nc/4.0/), which permits unrestricted use, distribution, and reproduction in any medium, provided the original work is properly cited.