**Level of depression, anxiety and stress among deaf adults: A literature review**

 Tahira Jabeen1, Subha Malik2

## ABSTRACT

Present review is qualitative in nature and based on Pakistani and Western literature that have been conducted on children of culturally deaf people to measuring perceptions about their deaf parents. The existing review evaluated the degree and pattern of themes about symptoms of depression, stress and anxiety among deaf individuals in light of existing literature. To direct modified literature review a careful inquiry over various databases were pass through. The themes about mental health status of deaf individuals were drawn through content analysis of modified literature. Analysis uncovered that deafness is connected with distrusted, separateness, disorientation, being ruled, a distinct group, mistrustful, inadequate parenting, frustrated communication and the most common being dependent on their children for communication, that are the symptoms of manifestations of depression, stress and anxiety among the deaf individuals.

**Conclusion:** Reviewed studies revealed communication barrier is the major agent that leads deaf individual toward the symptoms of stress, anxiety and depression. In this way speech therapist, social worker, psychologist ought not to underestimate stress, anxiety and depressive manifestations among people having parents with deafness.

**Keywords:** Deaf, Adult,Depression, Stress, Anxiety, Deaf community, Culturally deafness

**How to Cite This:**

Jabeen T, Malik S. Level of depression, anxiety and stress among deaf adults: A literature review. Isra Med J. 2019; 11(4)-Part B: 345-348.

This is an Open Access article distributed under the terms of the Creative Commons Attribution-Noncommercial 4.0 International License (http://creativecommons.org/licenses/by-nc/4.0/), which permits unrestricted use, distribution, and reproduction in any medium, provided the original work is properly cited.