**Self-confidence in students of physical therapy to perform**

**orthopaedic special tests for hip and knee joint**

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**ABSTRACT**

The use of orthopedic special tests to diagnose pathologies of lower extremities via clinical assessment is standard in clinical practice. No study has assessed opinion of physical therapy students about their own capability to perform musculoskeletal special tests in Pakistan which can be fruitful to increase awareness about diagnostic skills. A structured questionnaire containing modified five point Likert scale was utilized to collect the data from undergraduate physio students from three different universities within Lahore to determine their perceived level of confidence while performing musculoskeletal special tests to diagnose specific hip and knee joint pathologies. The aim of study was to find out self-reported confidence level of physical therapy students in performing OST’s (orthopaedic special tests) in order to enlighten weak clinical diagnostic skills which needs to be improved.

**Keywords:** Self report, Students, Physical therapy, Orthopaedic special tests, Hip joint, Knee joint, Musculoskeletal diseases

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